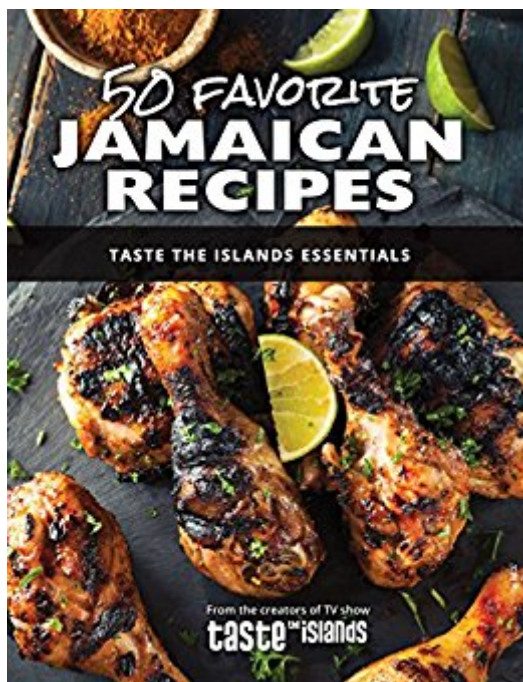


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# 50 Favorite Jamaican Recipes: Taste The Islands Essentials



## Synopsis

Learn how to cook delicious, authentic Jamaican food with this beautifully simple collection of traditional Jamaican recipes "Taste the Islands" is the national Caribbean cooking TV series and online authority, teaching viewers and visitors to create mouthwatering recipes from around the Caribbean. From hundreds of recipes on our Caribbean and West Indian cooking website, the most popular include traditional Jamaican recipes like fluffy fried dumplings, tender oxtail and sauce smothered brown stewed chicken. This beautifully illustrated, delightfully annotated recipe collection includes these flavor-filled Jamaican recipes and so much more. Inside you'll find: 50 all time favorite traditional Jamaican recipes including jerk sauce, steamed fish, curried goat and cornmeal porridge Recipes for the home or for large gatherings Beautiful full color images of the finished recipes Breathtaking full color images of the Jamaican landscape Interesting notes on the background and flavors of each recipe Easy to follow, step by step instructions for each recipe Alternate options for ingredients that may be challenging to find Tips and methods on how to handle some of the unique ingredients used in Jamaican and Caribbean cuisine A glossary of accessible but uniquely Caribbean ingredients A list of annual Jamaican culinary events to explore for your next vacation Whether you're trying Jamaican cuisine for the first time or you long for the flavors of home, this is the Jamaican cookbook for you. It also makes a great gift for friends and family. About Taste the Islands: TASTE THE ISLANDS is a half-hour cooking series featuring delightfully exotic, deliciously accessible Caribbean fare. Find it nationwide on PBS stations and Create® TV. Learn more at [www.tastetheislandstv.com](http://www.tastetheislandstv.com)

## Book Information

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## Customer Reviews

I don't do a lot of reviews but the person who said they bought it and got a "scanned" copy, don't know what they got... I ordered it the same day (today) and got a perfectly formatted electronic kindle copy with color photos (when I pulled it up in the app and no color on my kindle). Now on to the content. I really appreciated that they provided a selection of the dishes I love: ox tail, brown stew, goat but that they also included very traditional dishes that you just don't see in Jamaican restaurant's here in the states. Now I know there are a few I won't be cooking, don't have a source for bull penis nor is it high on my list to try. But there are several that I am very interested in cooking. All in all, I find that many of the cookbooks I download end up gathering "dust" in my kindle but this is one I actually will be using.

Congratulations on your first publication! I liked the selection of recipes, the easy to read format with mouthwatering pictorial displays. I loved the snippets about the country presenting an invitation to the international reader, to visit Jamaica!! Love it!! I will be looking forward to your other publications in the future!

Bonsec Investments

Hard to decide what to try first! Great pictures and clear recipes. Item arrived promptly and as described. Thanks!

All Jamaican staple dishes were included! I also appreciated the history lessons included in the book, and the pictures were gorgeous....it took me back home to my island! :) This will definitely be in my kitchen and on my phone, as well as Christmas gifts for close non-Jamaican friends!

Haven't tried all of them but so far so good. Looking forward to trying more recipes

I don't think I will like most of these but if I feel brave enough I may give it a shot

This is a great book any cook would love. Easy to follow recipes, wonderful pictures. Can't wait for the next book. Love your PBS shows.

I made the jerk chicken and my family loved it.

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